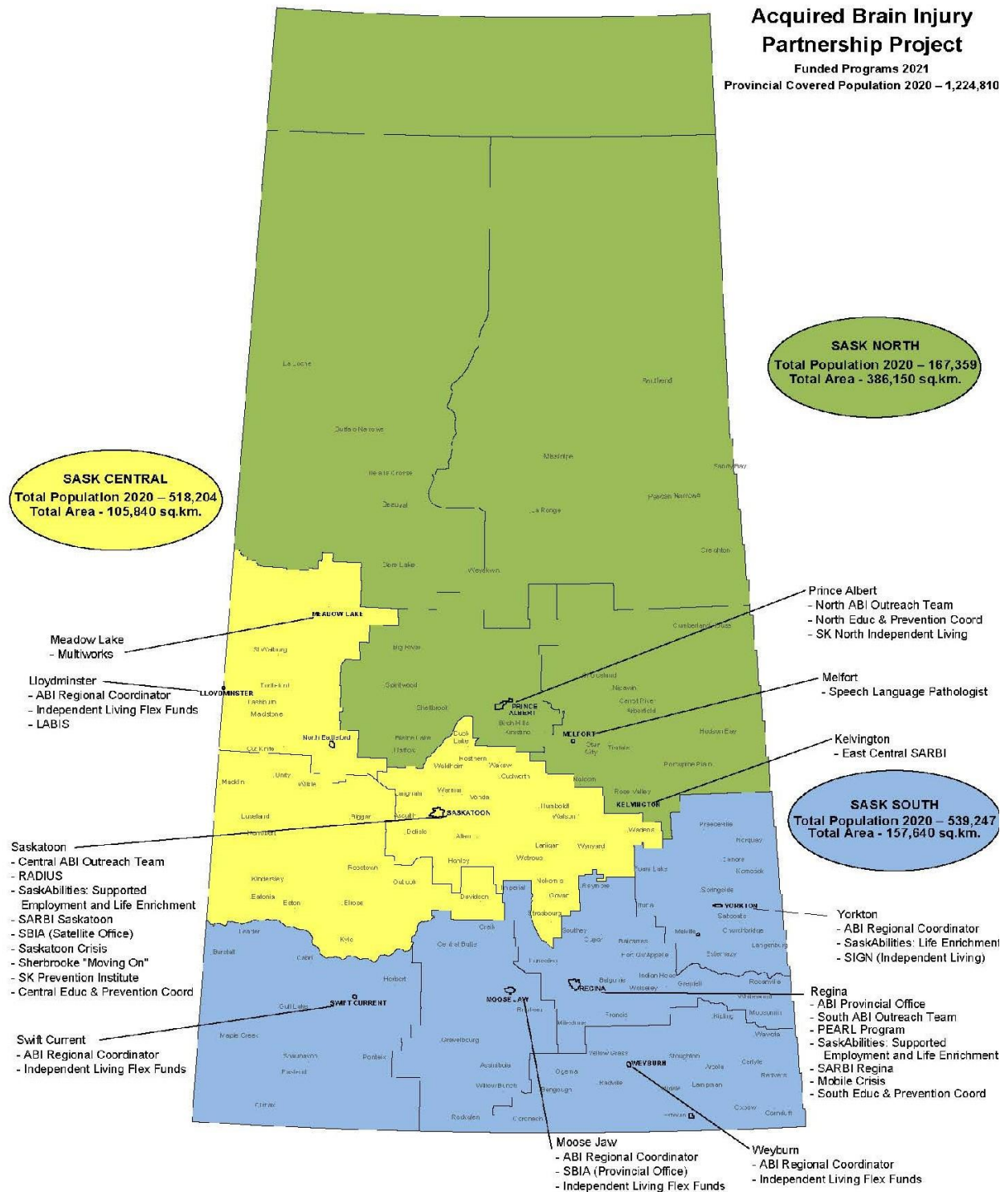


## Acquired Brain Injury Partnership

...a range of community-based brain injury services managed by the Ministry of Health and funded by SGI

# Programs and Services

April 2022



## PROVINCIAL COORDINATION

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### Provincial ABI Coordinator

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**Michele Cairns** is the Provincial ABI Coordinator. This position is responsible for the overall monitoring and support of all the component parts of the ABI Partnership Project, including the Advisory Group, the Program Evaluation activities, the Prevention and Education activities, the Outreach Support Programs (three teams) and all the grant projects.

Michele can be reached at:

**Michele Cairns**  
***Ministry of Health, Community Care Branch***  
**3475 Albert Street**  
**Regina SK S4S 6X6**  
**Phone: (306) 787-6949**  
**Fax: (306) 787-7095**  
**Email: [mcairns@health.gov.sk.ca](mailto:mcairns@health.gov.sk.ca)**

# SASKATCHEWAN HEALTH AUTHORITY: ABI SERVICES

## Outreach Teams

### Who are we?

Each outreach team consists of a variety of rehabilitation professionals experienced in the field of acquired brain injury. The outreach teams provide services through the Saskatchewan Health Authority and are located in Prince Albert (Sask North), Saskatoon (Sask Central) and Regina (Sask South). The outreach teams are responsible for providing services through three geographic service areas: North (Green), Central (Yellow), South (Blue), as per the service map on the right.

### Our Mission

To provide individual and family support to people with acquired brain injury so that they may live successfully in their communities with improved quality of life.

### How Do You Reach Us?

For more information please contact the team responsible for your service area.

The teams accept self referrals as well as those from health facilities, physicians, any rehabilitation program or professional support services, schools or community agencies.



**Sask North ABI Outreach Team**  
**Derrick Smith, Clinical Team Lead**  
1521 – 6<sup>th</sup> Avenue West  
Prince Albert SK S6V 5K1  
Phone: (306) 765-6631  
Fax: (306) 765-6657  
Toll free: 1-866-899-9951

**Sask Central ABI Outreach Team**  
**Alicia Carey, Outreach Team Manager**  
Saskatoon City Hospital  
701 Queen Street  
Saskatoon SK S7K 0M7  
Phone: (306) 655-7743  
Fax: (306) 655-8454  
Toll free: 1-888-668-8717

**Sask South ABI Outreach Team**  
**Celeste Boucher, Outreach Team Manager**  
Wascana Rehabilitation Centre  
2180 – 23rd Avenue  
Regina SK S4S 0A5  
Phone: (306) 766-5617  
Fax: (306) 766-5144  
Toll free: 1-866-766-5617

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## Regional Coordinators

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There are five ABI Coordinators with the Saskatchewan Health Authority, situated throughout the province. They are located in the communities of Swift Current, Moose Jaw, Weyburn, Yorkton, and Lloydminster and provide client service within the boundaries of their respective former health regions.

The Coordinators engage in community development and case management activities to facilitate effective community reintegration of individuals with ABI.

The ABI Coordinators work to bridge the gap in service between acute care/rehabilitation and the community. They assist the survivor through the reintegration process while focusing ultimately on an optimal quality of life for the survivor and the family. The ABI Coordinators' functions fall within three main areas: identifying, co-ordinating and supporting community programs and resources that meet the individual needs of the ABI survivor; family support and education; and identifying and supporting appropriate residential options. In order to implement individualized care plans community development is a central role of the ABI Coordinators. The ABI Coordinators also facilitate education and training of other human service providers.

**Paula Ealey, Weyburn ABI Coordinator**  
Serving the former Sun Country Health Region  
**808 Souris Valley Road**  
**Box 2003**  
**Weyburn SK S4H 2Z9**  
**Phone: (306) 842-8315**  
**Fax: (306) 842-8450**

**Troy Rusu, Moose Jaw Coordinator**  
Serving the former Five Hills Health Region  
**Providence Place**  
**100 – 2<sup>nd</sup> Avenue N.E.**  
**Moose Jaw SK S6H 1B8**  
**Phone: (306) 691-1591**  
**Fax: (306) 692-6220**

**Marilyn Durant, Swift Current ABI Coordinator**  
Serving the former Cypress Health Region  
**350 Cheadle Street**  
**Swift Current SK S9H 4G3**  
**Phone: (306) 778-5290**  
**Fax: (306) 778-5408**

**Janet Lemaire, Yorkton ABI Coordinator**  
Serving the former Sunrise Health Region  
**270 Bradbrooke Drive**  
**Yorkton SK S3N 2K6**  
**Phone: (306) 786-0183**  
**Fax: (306) 786-0179**

**Tricia Harvey, Lloydminster ABI Coordinator**  
Serving the former Prairie North Health Region  
**101 – 4910 50<sup>th</sup> Street**  
**Lloydminster SK S9V 0Y5**  
**Phone: (306) 820-2553**  
**Fax: (306) 692-6220**

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## Education and injury Prevention

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Funding is provided for designated ABI Education and Prevention positions for the North, Central and Southern regions of the province. These positions assist communities to develop effective injury prevention initiatives. These positions are also responsible for raising general awareness of ABI and its effects on individuals and their families; and to provide education to individuals who have sustained a mild brain injury and/or their families.

**Jennie Knudsen**  
North ABI Education & Prevention Coordinator  
c/o Sask. North Outreach Team  
1521 – 6<sup>th</sup> Avenue West  
Prince Albert SK S6V 5K1  
Phone: (306) 765-6470; Fax: (306) 765-6657

**Lisa McGowan**  
Central ABI Education & Prevention Coordinator  
c/o Sask. Central Outreach Team  
701 Queen Street  
Saskatoon SK S7K 0M7  
Phone: (306) 655-8433; Fax: (306) 655-8454

**Lorie Norris**  
South ABI Education & Prevention Coordinator  
c/o Sask. South Outreach Team  
2180 – 23<sup>rd</sup> Avenue  
Regina SK S4S 0A5  
Phone: (306) 766-5760; Fax: (306) 766-5144

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## Sask. North Independent Living Program

Serving former Prince Albert Parkland, Kelsey Trail, Keewatin Yatthé,  
Mamawetan Churchill River and Athabasca Health Regions

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This program provides residential options for persons identified as having an acquired brain injury. The program will support individuals to find and maintain appropriate accommodation and ensure supervision and skill development is provided. Individuals will be assisted in exploring and accessing vocational and prevocational options within the community and encouraged to participate in rehabilitation services.

**Carma Smith, Case Manager**  
SK. North Independent Living  
214 – 1521 – 6<sup>th</sup> Avenue West  
Prince Albert SK S6V 5K1  
Phone: (306) 765-6468  
Fax: (306) 765-6657

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**Melfort*****Speech Language Pathologist***

Serving the former Kelsey Trail Health Region

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This position has a base office in Melfort, while providing services throughout the former Kelsey Trail health region. In addition to specific speech/language services, this position also acts as a case co-ordinator and facilitates community development initiatives, working closely with the Sask. North ABI Outreach Team.

## COMMUNITY INTEGRATION FOR CHILDREN AND YOUTH

### Radius Community Centre for Education & Employment Training, Saskatoon *Community Integration for Children, Youth and Young Adults*

The *Community Integration Service (CIS)* provides transitional community integration support through meaningful social and recreational experiences in the client's community. The support is intended for school age children and youth, including young adults up to 30 years of age, who are not in school and have a diagnosed moderate to severe ABI.

Client referrals are accepted from within the urban and rural boundaries of the three Saskatoon School Divisions, the city of Saskatoon or as required virtually when outside of the service area.

Participation with the service is voluntary and the social recreational support is typically provided during the client's free time such as evenings, weekends and during the summer.

Radius will work with the family and service providers to positively complement any existing services the client may be receiving.

There is no fee to access the services. Higher cost activities that are part of a client's goal may need to be paid for, but Radius can assist the family to explore additional funding opportunities.

Radius is committed to building capacity, enhancing community services and collaborates with other local agencies and ABI Partnership programs to effectively deliver services for persons with an ABI.

The program objectives include:

- Improve community participation of individuals through positive social and recreation opportunities.
- Develop a community integration plan based on client goals

- Support the family to help implement the plan
- Utilise existing community resources
- Advocate on behalf of the client or family to reduce barriers to participation

These services based on client goals are delivered in person or as required virtually through:

- The provision of a 1:1 community support worker that meets weekly with the client for community activities
- Weekly social recreational small groups that includes the:
  - **Summer Fun Program** – variety of individual or small group activities in July and August;
  - **Sports for Life** – intended for older youth ages 18-30 years during fall and spring;
  - **Youth Art Program** – in house or community art activities during fall and spring.

Please call for more information.

**Mark Lich**  
**RADIUS**  
611 – 1<sup>st</sup> Avenue North  
Saskatoon SK S7K 1X7  
Phone: (306) 665-6682  
Fax: (306) 665-5579  
Email: [abi.radius@sasktel.net](mailto:abi.radius@sasktel.net)  
Website: [www.radiuscentre.com](http://www.radiuscentre.com)

## CHILD INJURY PREVENTION

### **Saskatchewan Prevention Institute**

#### *Child Injury Prevention Program*

Serving all of Saskatchewan

ABI Partnership funding enables the Prevention Institute to develop, enhance, and share evidence-based resources, messaging, and programming to increase the knowledge and skills of those who work directly with children and their caregivers to prevent acquired brain injuries in children. The Prevention Institute, through networking, partnerships, and capacity building, works to meet identified community needs on falls, bicycle safety, child passenger safety, and other relevant topics.

**Robyn Stewart**  
Saskatchewan Prevention Institute  
1319 Colony Street  
Saskatoon SK S7N 2Z1  
Phone: (306) 651-4316  
Fax: (306) 651-4301  
Email: [rstewart@skprevention.ca](mailto:rstewart@skprevention.ca)  
Website: <https://skprevention.ca/>

## CRISIS MANAGEMENT

### **(ABI Program) Mobile Crisis Services Inc.**

#### *Service Coordination & Case Management for Survivors of ABI*

Serving the City of Regina

This program provides services including case management and service coordination to survivors of ABI and their families. Crisis Intervention services provide a larger safety net for this group and their supports.

The ABI Program at Mobile Crisis provides intense, proactive community help to this group who are unable to get their needs met through mainstream services. The overall goal of this program is to facilitate community reintegration by linking with the appropriate resources.

**Jan Thorson, Executive Director**  
Mobile Crisis Services Inc.  
1646 – 11<sup>th</sup> Avenue  
Regina SK. S4P 0H4  
Phone: (306) 757-0127  
Fax: (306) 757-78077

**Norma Sorensen**  
ABI Case Manager  
Phone: (306) 757-7804



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## **Saskatoon Crisis Intervention Service, Saskatoon**

### ***Crisis Management Service (CMS)***

Serving the City of Saskatoon

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Crisis Management Service (CMS) provides crisis intervention, service coordination and crisis management to individuals with acquired brain injury and their families, when crises persist and a high level of risk is present. CMS provides practical and proactive assistance to this group until the risk is reduced and mainstream services can be arranged. Consultation services are also available to other service providers and supports.

**Rita Field / Jordan Mills**  
**Saskatoon Crisis Intervention Service**  
**103 – 506 – 25<sup>th</sup> Street East**  
**Saskatoon SK S7K 4A7**  
**Phone: (306) 933-8234**  
**Fax: (306) 644-1974**

## **DAY AND EVENING PROGRAMMING**

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### **Lloydminster & Area Brain Injury Society (LABIS), Lloydminster** ***Community-Based Life Enrichment Program***

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Participants who come to the Life Enrichment Program have many different and difficult issues to deal with. To be able to accept their injury and live a life of quality is quite a struggle. This program offers a place for them to come where they are accepted as they are, where they can grow in terms of self-acceptance and self-confidence. This four day per week program is designed to promote an independent lifestyle and consists of: exercise, mental aerobics, reality orientation, current events, basic life skills, crafts, games and cards, music, special guests, special events and field trips. Personal Support is offered to the participants on an individual basis, one day per week.

The agency serves individuals with traumatic, pathological and chronic brain injuries. Clients are referred to the Life Enrichment Program by their families and caregivers, other organizations and facilitates, social workers, or themselves. Clients will not be excluded based on time since injury, age, or co-morbid/concurrent conditions.

**LABIS**  
**3 – 4620 – 44<sup>th</sup> Street**  
**Lloydminster SK S9V 0G4**  
**Phone: (306) 825-7212**  
**Fax: (306) 825-7213**

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## Saskatchewan Association for the Rehabilitation of the Brain Injured (SARBI)

### *Individual Rehabilitation & Life Enrichment Programming*

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There are SARBI programs in Saskatoon, Regina and Kelvington.

**SARBI Saskatoon and Regina** programs are designed to provide opportunities for survivors of ABI to re-learn and practice the social skills that were lost in their brain injury. SARBI does this by matching comparable groups (similar age, similar interests) of individuals and providing these small groups with directed social and recreational activities. During the summer, SARBI has community reintegration programs in Saskatoon and Regina. These programs give participants opportunities to enjoy community events and recreation in their city. SARBI also provides support to families and caregivers of survivors of ABI by helping connect them to other services and to each other.

**East Central SARBI** provides individually-designed rehabilitation programs and support to survivors of acquired brain injuries that reside within a 150 kilometre radius of Kelvington, SK. EC SARBI's program is open referral, meaning that anyone can make a referral, even the client themselves.

Client programming includes physical, speech and language, cognitive/memory, occupational and recreational therapies. Rehabilitation programs are designed and reviewed by Speech and Occupational therapists within the region. Volunteers, under the guidance of staff, professional therapists and consultants, play a central role in the rehabilitation services provided to the client. Our goal is to facilitate as much "quality of life" as possible for our clients.

Elizabeth Hummel  
SARBI Saskatoon  
5 – 501 – 45<sup>th</sup> Street West  
Saskatoon SK S7L 5Z9  
Phone: (306) 373-3050  
Fax: (306) 373-3925  
Email: [sarbisaskatoon@sasktel.net](mailto:sarbisaskatoon@sasktel.net)  
Website: [www.sarbi.ca](http://www.sarbi.ca)

SARBI Regina  
4506 Sherwood Drive  
Regina SK S4R 4B4  
Phone: (306) 347-9088  
Email: [sarbieregina@sasktel.net](mailto:sarbieregina@sasktel.net)

Lauren Yakimoski  
East Central SARBI  
Box 699  
Kelvington SK S0A 1W0  
Phone: (306) 327-4595  
Fax: (306) 327-4502  
Email: [ecsarbi@sasktel.net](mailto:ecsarbi@sasktel.net)

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## **Sherbrooke Community Centre**

### **ABI “Moving On” - Life Enrichment Day Program**

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This program is a partnership between Sherbrooke Community Centre and the Sask. Central ABI Outreach Team. The purpose of the program is to work with survivors of ABI to develop independent living skills by:

- Improving social skills and communication
- Developing skills about meal planning, preparation and clean up
- Developing basic money management skills
- Providing education regarding ABI and other relevant topics
- Improving community interaction /integration
- Delivering recreation and leisure activities that vary and are person-centred such as: bowling, art projects, gardening, cross country skiing, attending movies, interactions with animals, participating in musical events and much more.

**Sherbrooke Community Centre**  
**c/o Trona Doucette**  
**401 Acadia Drive**  
**Saskatoon SK S7H 2E7**  
**Phone: (306) 655-3742**  
**Fax: (306) 655-3741**

## **SURVIVOR AND FAMILY EDUCATION AND SUPPORT**

### **Saskatchewan Brain Injury Association (SBIA)**

*Advocacy and Support Services for Survivors and their Families*

Serving all of Saskatchewan

SBIA strives to prevent brain injuries and to improve the lives of survivors and their families. It is a provincial grassroots organization founded in 1985 by family members to support survivors and families.

SBIA assists in developing networks for both survivors and family members which may provide a vehicle for interacting with individuals with similar issues and problems; decreasing the social isolation that families sometimes face after a family member incurs a brain injury; and offering social support during crisis periods.

Support groups for survivors as well as for caregivers operate in several communities. In addition, SBIA hosts three annual provincial events and holds weekly programs in major centres that include youth, walking and drumming groups.

The Association also produces and distributes educational materials and resources. SBIA promotes awareness of brain injury and its prevention through annual Brain Injury Awareness Month posters, materials and displays.

**Glenda James**  
Saskatchewan Brain Injury Association  
Main Office:  
322 – 310 Main Street North  
Moose Jaw SK S6H 3K1  
  
Saskatoon Office:  
St. Paul's Hospital  
1702 – 20<sup>th</sup> Street West  
3<sup>rd</sup> Floor, C-Wing, Rooms 421-422  
Saskatoon SK S7M 0Z9  
  
Phone: (306) 373-1555  
Cell: (306) 692-7242  
Toll Free: 1-888-373-1555

## INDEPENDENT LIVING AND RESIDENTIAL

### **Phoenix Residential Society, Regina**

#### ***PEARL Program – ABI Community Residential Service***

Serving all of Saskatchewan

Phoenix Residential Society's PEARL Program is a supported apartment living program staffed on a 24-hour basis for ABI survivors requiring residential support. In addition, a supportive living program is provided for individuals who are living in a home of their choice, who do not require 24-hour in-house support services. The program's goal is to enable individuals with ABI to live more independently in the community by assisting in the restoration of as much functional ability and quality of life as possible.

Referrals are accepted from health care facilities, and other community agencies or programs and the ABI Outreach Teams. The person or family member living with ABI may also apply. Information about the program and an application form will be sent upon request. An Admissions Committee will review all referrals, determine the appropriateness of the referral and whether the ABI Program is able to meet the needs of the person referred given the current range of available residential options.

#### **Eligibility Criteria:**

- 1. Clients must have a diagnosis of an acquired brain injury. Persons with a congenital brain injury of one that is a result of a progressive condition will not be considered.**
- 2. Clients must be medically stable, capable of managing medical challenges ie. Seizures, pain, etc., and must be independent with their physical needs.**
- 3. Clients must be 18 years of age or older.**
- 4. Appropriate financial arrangements must be established before admission.**
- 5. Clients must be assessed to have the potential for independent living in the community and be able to benefit from rehabilitation services. Clients will be expected to have basic independent living skills.**
- 6. Clients must demonstrate adequate impulse control so as not to threaten the welfare of others, seriously disrupt the program or cause major problems in the community.**
- 7. Clients are expected to make a commitment to participate in the program. Clients must agree to work toward the goal of taking increased responsibility for learning new skills and strategies to improve their quality of life.**
- 8. Clients deemed to have a Substance Use Disorder must agree to be involved in a treatment program prior to admission and maintain a period of sobriety.**

Please email the ABI Program Coordinator, Tyler Smidt @ [TSmidt@phoenixregina.com](mailto:TSmidt@phoenixregina.com) to request a copy of the application form.

**Kendra Giles / Tyler Smidt**  
Admin. Office:  
2035B Osler Street  
Regina SK S4P 1W5  
Phone: (306) 569-1977

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**SIGN*****Life Without Barriers, Yorkton***

Serving the former Sunrise Health Region

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The Life Without Barriers program mission is to improve the quality of life for people living with an ABI by fostering and promoting independent living skills and community integration.

Services are delivered in-home or in community for individual clients or in groups. Our approach is person-centred and is tailored to each individual's needs and aspirations.

We can assist in the areas of: home management, budgeting, medication management, nutritional assistance, cognitive growth, time management, community access, access to healthcare and other community services.

Please contact the program for information on their referral process.

**SIGN**

**345 Broadway Street W.**

**Yorkton SK S3N 0N8**

**Phone: (306) 783-9422**

**Fax: (306) 783-9426**

**Email: [s.carlaw@signyorkton.ca](mailto:s.carlaw@signyorkton.ca)**

**Website: [www.signyorkton.ca/life-without-barriers](http://www.signyorkton.ca/life-without-barriers)**

## LIFE ENRICHMENT

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### **SaskAbilities – Regina Branch**

#### ***ABI Quality of Life Program***

Serving the City of Regina

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The **ABI Quality of Life** program is designed to promote and facilitate community-based social, leisure, and recreational connections. The goal of the program is to provide opportunities for overall improved quality of life. The program is client-centred, individualized and flexible to meet the specific needs of each participant. Program activities will take place in the community and when required, in the individual's home environment. Business operation is from 8:30 a.m. to 4:30 p.m., Monday to Friday. Services are delivered on a flexible schedule including evenings and weekends, based on client needs and interests. The service headquarters is located in Regina.

The referral process for the Quality of Life Program begins with an intake. Please call **306-522-2555** to book an intake appointment and indicate interest in the ABI Life Enrichment Program.

**SaskAbilities, Regina Branch**  
825 McDonald Street  
Regina SK S4N 2X5  
Phone: (306) 569-9048  
Fax: (306) 352-3717

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### **SaskAbilities – Saskatoon Branch**

#### ***ABI Community Support Services***

Serving the City of Saskatoon

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SaskAbilities' Saskatoon **ABI Community Support** program provides 1:1 client-centred services for adults (18 years and above) with a moderate to severe ABI whose needs are beyond the scope of a vocational oriented service. ABI Community Support enables individuals experiencing disabilities to take the lead in setting their personal goals. Following a supported goal-development process, program activities and outings are developed to complement the client's established rehabilitation plan.

SaskAbilities' Quality of Life programming also provides weekly small group-based community activities for capable ABI individuals.

**SaskAbilities Saskatoon**  
c/o Sherry Faris, Program Manager  
1410 Kilburn Avenue  
Saskatoon SK S7M 0J8  
Phone: (306) 653-1694  
Fax: (306) 652-8886

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## **SaskAbilities – Yorkton Branch**

### **ABI Life Enrichment Program**

Serving Sunrise Health Region

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The **ABI Life Enrichment** program is designed to promote and facilitate personal and social rehabilitation of adults living in the community who have an acquired brain injury.

The program is client-centred, individualized and flexible to meet the specific needs of each participant. Program activities will take place in the community and when required, in the individual's home environment.

#### **SaskAbilities, Yorkton Branch**

**162 Ball Road**

**Yorkton SK S3N 3Z4**

**Phone: (306) 782-2463**

**Fax: (306) 782-7844**



## SUPPORTED EMPLOYMENT

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### **SaskAbilities – Regina & Saskatoon Branches**

#### ***Supported Employment Program***

Serving the Regina and Saskatoon Communities

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Partners in Employment, the vocational division of SaskAbilities, provides Supported Employment programs and services for individuals experiencing moderate to severe acquired brain injuries.

Participants referred to the ABI program will receive support in their vocational planning and realistic goal setting. We offer a continuum of client-centred pre-employment and employment readiness services designed to support participants throughout their employment journey. Programs and services are personalized for the client's abilities, skills, and interests and developed collaboratively. These may include vocational evaluation, employment exploration and decision making, resume and/or interview skills workshops, and understanding employer expectations, transferable skills, and, potentially, job development and ongoing coaching, maintenance services, and community referrals.

The ABI Supported Employment program strives to promote meaningful and equitable opportunities in our communities. By providing participants opportunities for vocational pursuits, improved employability skills, and an enhanced vocational support system; Supported Employment practices guide us to find the right job, at the right time with the right supports.

**SaskAbilities Regina**  
**Partners in Employment**  
**ABI Supported Employment Program**  
**Phone: (306) 522-2555**

**SaskAbilities Saskatoon**  
**c/o Sherry Faris, Program Manager**  
**1410 Kilburn Avenue**  
**Saskatoon SK S7M 0J8**  
**Phone: (306) 653-1694**  
**Fax: (306) 652-8886**

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**Multiworks Vocational Training Corp.,**  
Meadow Lake  
*Community-based Support Program*

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Multiworks is an organization that offers vocational and residential options to persons with developmental disabilities. Components of the program include lifeskills, vocational/avocational, social, educational and stroke groups. There is no age restriction for these support services, with a focus on individualized preparation for community reintegration.

**Dave Thickett, Executive Director**  
301 Centre Street  
Meadow Lake SK S9X 1Y3  
Phone: (306) 236-3200  
Fax: (306) 236-3335