# **Did You Know?**

- Every day in Saskatchewan several people, young and old, acquire a brain injury from motor vehicle collisions, falls, blows to the head, strokes, tumours, etc.
- Most of these injuries are mild, but many are moderate to severe and recovery from them may be lengthy, even life-long.
- Some brain injury survivors have challenges with physical deficits such as balance, muscle weakness or vision.
- Most challenges survivors face are 'invisible' – affecting their cognition, behaviors, mood, fatigue, etc.
- Since 1996, ABI Outreach Teams have been serving these survivors and their families in their communities, to help them with their rehabilitation goals.

# How Do You Reach Us?

For more information, please contact the team responsible for your service area.

The teams accept self-referrals as well as those from health facilities, physicians, any rehabilitation program or professional support services, schools or community agencies.

#### Sask North ABI Outreach Team

1521 – 6<sup>th</sup> Avenue West Prince Albert, SK S6V 5K1 Phone: (306) 765-6631 Fax: (306) 765-6657 1 (866) 899-9951

#### Sask Central ABI Outreach Team

Saskatoon City Hospital 701 Queen Street Saskatoon, SK S7K 0M7 Phone: (306) 655-7743 Fax: (306) 655-8454 1 (888) 668-8717

#### Sask South ABI Outreach Team

Wascana Rehabilitation Centre 2180 – 23<sup>rd</sup> Avenue Regina, SK S4S 0A5 Phone: (306) 766-5617 Fax: (306) 766-5144 1 (866) 766-5617

#### Website:

www.abipartnership.sk.ca

Acquired
Brain Injury
(ABI)
Partnership
Project

# **Outreach Teams**

... serving individuals with acquired brain injury, their families and their communities



### Who are we?

The Acquired Brain Injury (ABI) Outreach Teams are part of the ABI Partnership Project, a range of community-based services managed by Saskatchewan Health and funded by Saskatchewan Government Insurance (SGI).

Each Outreach Team consists of a variety of rehabilitation professionals experienced in the field of ABI. The Outreach Teams provide services through the Saskatchewan Health Authority and are located in Prince Albert (Sask North), Saskatoon (Sask Central) and Regina (Sask South). The Outreach Teams are responsible for providing services under three geographic service areas:

#### Sask North (Green)

Serving former Prince Albert Parkland, Kelsey Trail, Athabasca, Keewatin Yatthé, Mamawetan Churchill River health regions

# Sask Central (Yellow)

Serving former Saskatoon, Heartland, Prairie North health regions

# Sask South (Blue)

Serving former Regina Qu'Appelle, Sun Country, Five Hills, Cypress, Sunrise health regions



# **Our Mission**

To provide individual and family support to people with acquired brain injury so that they may live successfully in their communities with improved quality of life.

# What are our Service Goals?

- To make the most of a person's abilities.
- To be a link between hospital and community.
- To work with communities to adapt their existing services to meet the needs of the person with an acquired brain injury.
- To work with families and caregivers to maintain their own health and quality of life.
- To educate clients, family members and the community about ABI issues.
- To be an ongoing contact for support, follow-up, evaluation and education.

# Who Can We Help?

To qualify for services, individuals must meet the following eligibility criteria\*\*:

- have a diagnosis of moderate to severe acquired brain injury supported by medical records and are medically stable.
- are a resident of Saskatchewan or eligible for Saskatchewan health coverage.
- are open to working cooperatively on goal-directed rehabilitation with ABI and other service providers.

Families and caregivers, community agencies and schools who require resources, education and support are also eligible for service.

#### Special Notes:

<sup>\*\*</sup>Individuals are prioritized for services based on time since injury with priority given to those whose injury occurred in the past three (3) years.

<sup>\*\*</sup>Individuals who have a congenital brain injury or one that is a result of a progressive condition are not eligible for services under this program.