# **Acquired Brain Injury Education and Prevention Services**

#### Who Are We?

The Acquired Brain Injury (ABI) Partnership Project is part of a comprehensive strategy, managed by Saskatchewan Health, funded by Saskatchewan Government Insurance (SGI). Our health educators, within the SK Health Authority, are an important component of the three regional multidisciplinary outreach teams.

Our primary objectives are to promote, engage and support community efforts to reduce injuries; and enhance safety awareness through the provision of information and resources pertaining to brain function/ brain injury and injury prevention.

### **Contact Us About:**



Parachute Canada's free, fun, interactive half-day neuroscience presentation for students in grades 4-6. Students learn about different parts of the brain, basic neuroscience vocabulary, and how and why it's important to protect their brain

and spinal cord. Information will assist student awareness of the brain and the spinal cord, and provide simple injury prevention strategies.



We work with your community to plan dynamic, interactive Trauma in Youth prevention program for teens. The day simulates the difficult journey of an injury

trauma patient, allowing students to follow the course of an injury from the occurrence, through transport, treatment, rehabilitation, and community reintegration phases. Interactive sessions are provided by local emergency, enforcement, health and other communitybased professionals involved in trauma situations.



We created this resource to provide grade K-6 students a fun way to learn the functions of the brain, and how to keep their brain safe & healthy. We work with your school/ community to provide brain education that is easy to deliver and understand. Students rotate through 10 interactive volunteer-run stations, filled with information & activities.



We provide education and resources to individuals who have sustained a Mild Brain Injury/Concussion. Resources available for families, educators, coaches, and community members upon

Resources identify common symptoms of mild brain injury and strategies for recovery.

## **Additional Priority Areas Include:**

- Brain Function/Structure/Health & Wellness
- Helmet Usage
- Safe Road Usage (cycling, driving & pedestrian safety)
- Off-Road Vehicle Safety (snowmobile and ATV safety)
- Child Passenger Safety
- **Falls Prevention**
- Sports & Recreation Safety
- Accessing Injury Prevention & Traffic Safety Grants

## For more information please contact:

North ABI Education and Prevention Coordinator 1521-6th Ave West Prince Albert, SK S6V 5K1 Phone Number (306)765-6470 Jennie. Knudsen@saskhealthauthoritv.ca

**Central ABI Education and Prevention Coordinator** 701 Queen Street Saskatoon, SK S7K 0M7 Phone Number (306) 655-8433 <u>Lisa.Mcgowan@saskhealthauthority.ca</u>

South ABI Education and Prevention Coordinator 2180-23rd Ave Regina, SK S4S 0A5 Phone Number (306)766-5760 Lorie. Norris@saskhealthauthority.ca

Follow us on social media







abipartnership.sk.ca

The Acquired Brain Injury Partnership Project







April 2022

