

BRAIN TALK

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The Trail to ATV Safety—Ride Safe, Ride Smart!

In 2013 there were 36 All Terrain Vehicle related injuries & 2 fatalities involving ATV's in Sask. ATV injuries are on the rise. Data from CIHI (Canadian Institute for Health Information) shows that there was a 31% increase of ATV injuries in the last decade.

Due to the increased speeds of the machines; injuries are serious ranging from fractures & broken bones to spinal cord & brain injuries.

ATV Safety Training Course

A safety course is a good idea for any new rider or even the experienced rider who wants to refresh their skills.

Contact the Saskatchewan ATV Chief Instructor

1-306-384-8079 or burnett3@sasktel.net

Or Contact the Saskatchewan Safety Council

1-306-757-3197



SAFETY TIPS FOR RIDERS

1. Wear an approved ATV helmet
2. Wear protective eye wear
3. Get Trained
4. Ride with a Buddy
5. Do not carry a passenger if your ATV is not built for it
6. Drive at Safe speeds
7. Stop at all crossings to ensure it is safe
8. Respect Wildlife/Respect the Environment
9. Drinking/Drugs & Riding Don't Mix

ATV RIDING SAFETY GEAR



Riding ATV in public areas

- Drivers must be 16 years old
- Drivers must hold a valid drivers license
- Youth between 12—15 can operate an ATV in public areas (can cross roads, but not drive on roads) **IF** they have passed an approved training course and are supervised by someone who has had their license for more than 1 year.

Did you know that your ATV needs to be insured to ride in public areas?

Did you know mini bikes and dirt bikes are also considered All Terrain Vehicles?

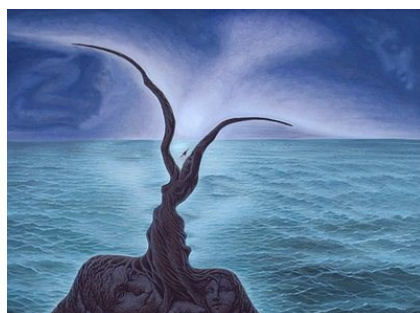


Resources:

SGI: <http://www.sgi.sk.ca/individuals/safety/vulnerabilities/safeoperation/atv/index.html>

CIHI: https://secure.cihi.ca/free_products/nt_r_atv_aib_2007_e.pdf

Do you see what I see?



Saskatchewan North Acquired Brain Injury Outreach Team
..... A joint initiative of.....

For more information please call: 1-306-765-6470

