Neuro-Developmental Treatment (Bobath)

Introductory Workshop in the Management of Adult Hemiplegia

A Course for Health Care Workers who work with clients with Neurological diagnoses

April 22 2013

Instructor:
Cathy Hazzard, PT
NDTA Coordinator Instructor

About the Instructor

Cathy Hazzard, MBA, B. Sc. PT, is a Physiotherapist with over 24 years experience working with adults with varied neurological diagnoses. Her clinical background also includes experience and continuing education courses in manual therapy and orthopedics. She obtained an MBA in 1993 while continuing to work as a PT.

She has been an NDTA™ Coordinator Instructor in Adult Hemiplegia since 1998 and has taught introductory, certificate and advanced level NDT courses extensively throughout North America and internationally in such countries as Ireland, Hong Kong, Singapore, Estonia, Peru, Colombia, and Mexico. Cathy practiced in Calgary, Alberta, Canada for over 20 years in the acute, rehabilitation and outpatient phases of care. She is now working in private practice and Home Health on Vancouver Island, British Columbia.

Cathy served as the Chair of the NDTA™’s Instructor Group from 2002 – 2005 and a member of the Board of Directors of NDTA™ from 2003 – 2007. She has written 2 articles for the Neurosciences Division’s journal, Synapse, of the Canadian Physiotherapy Association and an article for the NDTA™’s Network.
Course Description

This introduction to the management of adults with neurological dysfunction due to stroke or traumatic brain injury is based on the philosophy and basic principles of Dr. Karel and Mrs. Berta Bobath. The course utilizes lecture, lab practicums, and demonstration of patient treatment to teach participants a wide range of practical handling skills.

Course Content

Principles of NDT
Basic clinical implications of Recovery of Function and Motor Learning research
Components of normal movement in functional activities, such as transfers, dressing, and gait
Discussion of typical patient impairments
Practice of treatment handling skills
Demonstration of patient treatment

Objectives

On completing the 1 day course, participants will:
1. Understand the basic principles underlying the NDT concept.
2. Utilize normal components of movement when assisting a patient in functional activities.
3. Facilitate a normal movement pattern in a normal adult.
4. Understand the primary impairments that interfere with function of the hemiplegic patient.
5. Understand the primary impairments related to the hemiplegic shoulder.

Participants

This course is open to the following health care workers who work with stroke and brain-injured adults:

- Occupational Therapy/Physical Therapy Support Staff (including Assistants and Attendants)
- Nursing Staff (including RN’s, LPN’s)
Course Objectives

Course participants will be able to:

- Understand basic treatment concepts of NDT.
- Identify major impairments in the adult hemiplegic patient.
- Analyze normal and abnormal movement in functional activities.
- Utilize knowledge of NDT for making treatment choices related to impairments and functional limitations.

Nutrition Breaks will be provided.

Lunch will be on your own. Cafeteria services are available.

Registration Fee:
$100.00 early bird (before Feb 1, 2013)
$125.00 after February 1
$30.00 for RQHR employees

Deadline for Registration: Feb 28 2013

The course is subject to cancellation if minimum number of applicants is not received by Feb 28 2013. In this case, a full refund will be provided. Refund for withdrawal from the course shall be subject to date of notification of withdrawal. If notification of withdrawal is received by the RQHR course coordinator prior to 1:00 p.m. on Feb 28, 2013, there will be no charge. If notification is received after that time, there will be no refund unless the position can be filled. Even if the course is confirmed, RQHR is not responsible for travel or accommodation costs booked in advance, in the event of a sudden, unavoidable cancellation of the course (i.e. instructor illness, Acts of God).

Registrations will continue to be accepted after Feb 28 until the course maximum is reached. If maximum number of applicants is received, names will be put on a waiting list in case of applicant withdrawal.

For any questions, call Peggy Bacon at (306) 766 – 5613 or peggy.bacon@rqhealth.ca

Parking is available at no cost:
- On the street along 23rd Avenue (south of the main entrance)

South Regina Hotels and Lodging*

Travelodge, 4177 Albert St. (306) 586 – 3443

Executive Royal Hotel, 4025 Albert St. (306) 586 – 6755

Wascana Rehabilitation Centre Hostel (306) 766 - 5797

*The Regina Qu’Appelle Health Region does not endorse any particular accommodations. This is a partial listing only and is not intended to be a comprehensive list.

This course is presented with the assistance of

Saskatchewan Ministry of Health

ABI Partnership Project

SG Take care out there.
Registration Form

Recommendation: Photocopy this page, then complete and mail. There is important information on the other side that you don’t want to “mail away”.

Introductory NDT Course: April 22 2013

Name: _____________________________________________________________

Profession: ___________________

Mailing Address: _____________________________________________________________________
______________________________________________________________________

Phone:   Work:__________________Home: __________________

Email:_________________________________________

$100 before Feb 1   $125 after Feb 1   $30 for RQHR employees

Registration can be paid by cheque only. Your cheque must accompany registration. Make cheque payable to:

Regina Qu’Appelle Health Region.

Cheques can be postdated to February 28, 2013

Mail Registration to:

Peggy Bacon
Room 2 – 414
2180 23rd Avenue
Regina Saskatchewan S4S 0A5